

Strategic Studying and Test-Taking Skills Training Checklist

Memorization Skills

Adherence:

Getting Started

- ☐ Prepare the content to be memorized (e.g., list of definitions; steps in the scientific method).
- ☐ Familiarize yourself with the following study strategies:
 - Acrostics (i.e., initial letters make a sentence)
 - The Loci Method (i.e., associate each item with a location)
 - Acronyms (i.e., initial letters make a work)
 - Flashcards (front and back content)

Implementation

- ☐ Meet with the student to discuss their current study skills strategies. Find out what the student thinks has been working and what has not been working.
- ☐ Introduce the student to each of the study strategies
 - Acrostics
 - The Loci Method
 - Acronyms
 - Flashcards
- ☐ Give the student the content to be memorized and instruct the student to use the memorization strategies to learn the content of the lists to prepare for a quiz or test.
- ☐ Remind the student when taking the quiz or test to write the acrostic, the story, or the acronym used to learn the list.

Quality:

- ☐ Provide feedback in a supportive way.
- ☐ Remind and encourage the student to use the strategies.
- ☐ Provide praise to the student whenever you notice the student using the study strategies.
- ☐ Check in with the student every few weeks to see what is going well and what is not. Continue problem-solving.

Tips for Success:

- ☐ If the student has multiple teachers, it may be helpful to start with content and learning strategies for one class before expanding to the rest of their courses.
- ☐ It might also be beneficial for the teacher to assess the student's current notetaking skills. If the student is struggling with notetaking, visit the [Notetaking Training intervention on Beacon](#).

Test-Taking

Adherence

Getting Starting

- ☐ Gather examples of different test question types such as multiple-choice, true/false, matching, and essay, so that the student can practice with various question styles.
- ☐ Familiarize yourself with the test-taking strategies for:
 - Multiple Choice Test
 - True/False Tests
 - Matching Test
 - Essay Tests

Implementation

- ☐ Explain to the student the importance of always reading test and quiz directions very carefully before starting. Encourage the student to underline or circle key words in the instructions and make sure they understand all parts before starting.
- ☐ Help the student develop skills for budgeting their time (e.g., deciding how much time they should allow themselves to spend on each section, checking in to see how much time they have throughout the test).
- ☐ Introduce the test-taking strategies to the student for each type of test.
 - Multiple Choice Test
 - True/False Tests
 - Matching Test
 - Essay Tests
- ☐ Give the student several practice tests and have them practice using the test-taking strategies mentioned above.

Quality

- ☐ Provide feedback in a supportive way.
- ☐ Remind and encourage the student to use the strategies.
- ☐ Provide praise to the student whenever you notice the student using the study strategies.
- ☐ Check in with the student after each test or quiz to see what is going well and what is not. Continue problem-solving.

Tips for Success

- ☐ It may be helpful to create a poster with the test-taking strategies for each of the different types of tests.
- ☐ If a poster is not feasible, help the student generate their own guide of test-taking strategies.