

## Token Economy Checklist

### Adherence:

#### Getting Started

- [Decide](#) between a reward system (i.e., students earn tokens for demonstrating positive behaviors) or a response-cost system (i.e., students earn tokens for positive behaviors and lose tokens for behaviors that are inconsistent with expectations)
- [Identify](#) target behaviors
- [Decide](#) how to measure target behaviors
- Set an [initial goal](#) for each behavior
- Choose a [currency](#)
- [Introduce the system](#) to the student and collaboratively develop a reward list
- [Develop](#) the economy/exchange rates

#### Implementation

- Begin [implementing](#) the Token Economy (Remind the student of their goals and how they will earn rewards)
- [Respond](#) appropriately to desired behaviors. (e.g., provide specific labeled praise and connect the token to the behavior, when the student demonstrates non-desired behavior, label it and remind them of their goal)
- [Meet](#) with the student at predetermined times to review their progress toward a reward.
- Use Beacon progress monitoring tools to evaluate the extent to which this intervention is improving the target behaviors as intended
- [Modify](#) the intervention based on the student's progress (e.g., as the student's behavior improves the requirements for earning a token can be increased)

### Quality:

- There is a good relationship between the teacher and the student
- Provide feedback in a supportive way; use subtle, less public corrections to preserve student dignity
- Token Economies are most effective when there is a positive teacher-student relationship. For tips on improving the relationship, see [handout](#).

### Tips For Success:

- Start off with just a few behaviors and build and adjust as you go.
- If your student does not seem motivated to earn the rewards, change them.
- Younger students may need pictures and visual reminders about their target behaviors.
- If parents are willing and able, they can participate in the token economy by providing additional reinforcement in the home environment. ([see Caregiver handout](#))