**Common Social Skills you May Want to Target**

* Problem solving
* Understanding verbal and nonverbal cues
* Participation
* Cooperation
* Active listening
* Communication
* Assertiveness/advocating for yourself
* Personal space
* Cognitive flexibility
* Emotion regulation (see Emotion Management Training for an intervention that specifically focuses on this skill)
* Stress management
* Initiating and maintaining conversations
* Manners
* Sharing
* Validation
* Apologizing
* Appropriate use of humor
* Intention vs. impact of behavior
* Empathy and perspective taking
* Responding to teasing and bullying
* Leadership skills