

Greetings Case Example

Student: Rylee **Grade:** 2nd **Presenting Problems:** Socially Withdrawn **Intervention:** Greetings

Background

Rylee has been experiencing a significant amount of stress in her home life and has become very withdrawn in the classroom. She has stopped raising her hand to answer questions and has been keeping to herself. Her teacher wants to improve his relationship with Rylee so that he can be supportive to her and show her that school can be a safe and welcoming place.

Getting Started

Consider what types of greetings you and your students my appreciate and feel comfortable with. Decide if you will have a greetings poster for students to select their own greeting (e.g., hug, handshake, high five) or if you will choose the greeting for the day. Identify the best time in your schedule to incorporate systematic, personalized greetings.

Rylee's teacher decides that it is important for her to have choice in how she wants to be greeted to show that he respects her boundaries. He decides to hang up a poster outside the room with six greeting options, (handshake, high five, fist bump, wave, hug, silly dance).

Implementation

Sample Script

Teacher: Hi class! We are going to try something new today. After you put your belongings into your cubby, you are going to get in line by the door. When it is your turn to walk into the room, you get to choose one option from this poster for how we will say hello today! Your options are a handshake, a high five, a fist bump, a wave, a hug, or a silly dance.

When it is Rylee's turn

Rylee: *selects "wave"*

Teacher: *waves at Rylee* Hi Rylee! It is so great to see you this morning! I am excited to have you in class today!

Rylee: *waves back and smiles*